

"Happy and reassured"

"Safer"

Whilst recognising that everyone may benefit from independent advocacy, the Service is funded to give particular priority to:

adults using mental health services
adults with a learning disability
people over 65.

"Feel involved"

"Empowered"

"Helpful"

Leaflet available in large print
and easy read format
Please call 01546 606056

Lomond & Argyll Advocacy Service

If you are looking for an
advocate please call us on

01546 606056

or email

admin.argyll@laas.org.uk

and we will match you with an
advocate in your area.

www.laas.org.uk

Argyll & Bute Main Office
Mid Argyll
Comraich Centre, Blarbuie Road
Lochgilphead
PA31 8LD

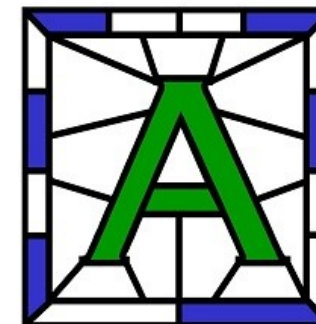
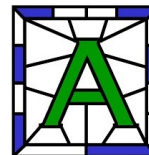
If you have been involved in a case conference
as part of the Adult Support and Protection Act
we would welcome your views :

<http://laas.org.uk/adultsupportandprotection/>

Lomond & Argyll Advocacy Service

We are a not-for-profit company limited by
guarantee and a recognised Scottish Charity.

Company No. 230947
Scottish Charity No. SCO33157
Registered Office: 155 Glasgow Road,



Adult Support
And Protection
(ASAP)

Independent Advocacy
Making sure your
voice is heard

Free, Independent,
Confidential

Lomond & Argyll
Advocacy Service

Lomond & Argyll Advocacy Service exists to help ensure people's rights, needs and wishes are **heard and respected.**

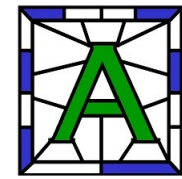
- ✓ Do you feel at risk and struggling to be heard?
- ✓ Are you feeling confused or alone when dealing with people in authority?
- ✓ Do you wish you understood the reasons why you have been asked to attend meetings?
- ✓ Do you wish you knew more about your options and choices whilst involved in ASAP?
- ✓ Are you having difficulty getting your views heard and understood?
- ✓ Do you wish you had someone who would ask the questions you would like answers to?
- ✓ Are you worried about what will happen in the future or find it difficult to cope on your own?
- ✓ Are you concerned about the impact of ASAP on you or your family?

If you answered yes to any of these questions,
Lomond & Argyll Advocacy Service may be able to help!

How Can An Advocate Help?

- ✓ An Advocate can spend time with you getting to know you and your needs, so they are in a good position to help you express your views and, if necessary, speak up on your behalf.
- ✓ An Advocate can work with you to gather information, thereby giving you the opportunity to make an informed choice from all the options available.
- ✓ We can support you at ASAP meetings.
- ✓ The Advocate is on your side.
- ✓ An Advocate will not make judgements or try to impose their views.

**Independent Advocacy:
Making sure your
voice is heard**



- ✓ We can make sure that others understand and hear your views
- ✓ Information will not be revealed or sought without your consent.
- ✓ Your Advocate will only act with your agreement.
- ✓ Whatever you discuss with your Advocate will remain confidential. We will not breach your confidentiality unless your or someone else's safety is at risk.
- ✓ Your Advocate is there to support only you. They can work with you to discuss issues that matter to you with health and social care professionals.

**Your Advocate is on your side
and is independent of any
health or social services you receive.**

Their only loyalty is to you!

Find out more about ASAP from Argyll & Bute Council Website:
www.argyll-bute.gov.uk/adult-protection