"Happy and reassured"

Whilst recognising that everyone may benefit from independent advocacy, the Service is funded to give particular priority to:

adults using mental health services
adults with a learning disability
people over 65.

"Empowered"

"Helpful"

Leaflet available in large print and easy read format
Please call 01546 606056

Lomond & Argyll Advocacy Service

Referrals & Information

Main Office
155 Glasgow Road
Dumbarton
G82 1RH
Tel: 01389 726543

Argyll & Bute
Mid Argyll
Aros, Blarbuie Road
Lochgilphead
PA31 8LE
Tel: 01546 606056

Oban & Lorn
15 Lochside Street
Oban
PA34 4HP
Tel: 01546 606056

Cowal & Bute
Riverbank Surgery
Kilmun
PA23 8SE
Tel: 01369 840250

Kintyre
Hazelburn Business Park
Campbeltown
PA28 6HA
Tel: 01586 553428

www.laas.org.uk

admin.argyll@laas.org.uk

Lomond & Argyll Advocacy Service

We are a not-for-profit company limited by guarantee and a recognised Scottish Charity.

Company No. 230947
Scottish Charity No. SCO33157

Registered Office: 155 Glasgow Road,

Independent Advocacy

Making sure your voice is heard

Free
Independent
Confidential

Lomond & Argyll Advocacy Service

Lomond & Argyll Advocacy Service

Lomond & Argyll Advocacy Service exists to help ensure people's rights, needs and wishes are

heard and respected.

- ✓ Unsure about speaking up?
- ✓ Feeling confused or alone when dealing with people in authority?
- ✓ Wish you knew more about your options and choices?
- ✓ Having difficulty getting your views heard and understood?
- ✓ Wish you had someone who would ask the questions you would like answers to?
- ✓ Worried about what will happen in the future or find it difficult to cope on your own?

If you answered yes to any of the above Lomond & Argyll Advocacy Service may be able to help!

How Can An Advocate Help?

- ✓ An Advocate can spend time with you getting to know you and your needs, so they are in a good position to help you express your views and, if necessary, speak up on your behalf.
- ✓ An Advocate can work with you to gather information, thereby giving you the opportunity to make an informed choice from all the options available.
- ✓ An Advocate will not make judgements or try to impose their views.
- ✓ Information will not be revealed or sought with out your consent.
- ✓ Your Advocate will only act with your agreement.
- ✓ Whatever you discuss with your advocate will remain confidential. We will not breach your confidentiality unless your or someone else's safety is at risk.
- ✓ Your Advocate is there to support only you. They can work with you to discuss issues that matter to you with health and social care professionals.

Your Advocate is on your side and is independent of any health or social services you receive.

Their only loyalty is to you!

Independent Advocacy: Making sure your voice is heard